Supporting Evidence

Neuroscientific Evidence
Supports the need for educators to understand the impact of trauma and adverse childhood experiences on brain development, executive functioning, and academic learning.1

Neuroplasticity
Research shows that brain plasticity can be supported through mindfulness, building resilience, and exposing adults to this type of intervention.2

Changing Practices
This knowledge from the neuroscience field sets the foundation for changes in disciplinary and instructional practices, including schoolwide expectations and policies.3

Focus on Equity
The proposed change focuses on working to enhance the use of compassionate educational practice toward a new approach to support the needs of children and youth.4

References